

Concussion Management Symposium Health Professional Event

Saturday, April 27, 2013
8:00am to 4:30pm
Graham Huskie Football Clubhouse
Griffith's Stadium on College Drive
Saskatoon, SK



Target Audience: Physical Therapists, Athletic Therapists, Kinesiologists, Rehabilitation Therapists, Nurses, Physicians, Psychologists, health professionals interested in management of concussion.

Goals:

- Education of health professionals regarding early recognition of concussion, assessment & management
- Building links with Saskatchewan health providers
- Promoting and creating guidelines & policy for concussion management to encourage consistency across Saskatchewan

Agenda:

Friday Evening, April 26, 2013

7:00 to 8:00pm Keynote Speaker Tim Fleiszer
Presentation from 4 time Grey Cup Champion & Sport Legacy Institute Member

Saturday, April 27, 2013

7:30am Registration (coffee & muffins)

8:00am Dr. Micky Collins

a. Pathophysiology, Recovery & Monitoring

Participants will:

- Describe recovery rates, symptom profiles, risk factors/prognosis for predicting poor outcomes
- Explain reliability & validity of monitoring concussion
- Explain neurocognitive testing and how it is used within clinical evaluation

b. Vestibular aspects of injury

Participants will:

- Describe vestibular therapy in treating concussion and identify when referral for therapy is necessary

10:00am Nutrition Break & Displays

10:15am Dr. Micky Collins

Clinical management of concussion

Participants will:

- Describe evidence-based clinical management of concussion

11:05am Breakout Sessions (choose 2)

a. Concussion in Youth and Adolescents

- Dr. Karen McAvoy

Participants will:

- Describe the unique characteristics in the identification and management of concussion in youth and adolescents

- Explain risk factors and recovery trajectory for youth and adolescents with concussion
- Describe the importance of a wide-spread safety net (families, schools, athletics and medical professionals) in the management of youth concussion

b. Emotional aspects and depression - TBA

c. A Review of Bedside Clinical Tests to Help Differentiate Peripheral, Central and Non-vestibular Disorders

Kregg Ochitwa, BScPT, CWCE, CredMDT

12:35pm Lunch Break and Displays

1:35pm Dr. Karen McAvoy

It Takes a Village: REAP (Reduce / Educate / Accommodate & Pace) The Community-Based Concussion Management Protocol

Participants will:

- Describe the justification for unique and wide-spread community-based identification and management of concussion in youth and adolescents
- Explain the implementation of REAP –community-based concussion management protocol, from Emergency Department identification to protracted recovery
- Define the roles and shared responsibility of home, school, athletic and healthcare professionals in the management of concussion in youth and adolescents and the need for continued research & culture change

2:35pm Nutrition Break & Displays

2:50pm Saskatchewan Strategy Session / Directory for Saskatchewan facilitated by Dr. Karen McAvoy

Participants will:

- Initiate a deliverable policy document to promote guidelines and policy development at community level for recognition and monitoring
- Promote the ability and confidence to remove athlete from play

3:50pm Expert Panel Question & Answer

- Dr. Karen MacAvoy
- Rhonda Shishkin, Huskie Athletics Head Therapist
- Trevor Len, CAT (c) – Athletic Therapist, Saskatchewan Roughriders
- Tim Fleiszer, 4 time Grey Cup Champion

4:15pm Wrap Up

Keynote Speakers:

Dr. Karen McAvoy

Dr. McAvoy is dually credentialed as a Licensed Clinical Psychologist and a School Psychologist in Colorado. She was School Psychologist at the high school attended by Jake Snakenberg when he passed away from "Second Impact Syndrome" in 2004. As a result, Karen developed the multi-disciplinary team approach to community-based concussion management known as REAP (Reduce / Educate / Accommodate / Pace). Seven years later, in 2011, the Colorado Concussion Bill is named the "Jake Snakenberg Youth Concussion Act". After 22 years in education, Dr. McAvoy was asked to open and direct the Center for Concussion with the Rocky Mountain Hospital for Children. Her experience in both educational & medical settings give her a unique perspective to develop policy and effect change in the area of concussion / brain injury.

Dr. Michael Collins

Dr. "Micky" Collins is an internationally renowned expert in sports-related concussion. A leading clinician & researcher, he serves as director and founding member of the University of Pittsburgh Medical Centre Sports Medicine Concussion Program. Established in 2000, it was the first program of its kind; more than a decade later, it remains the largest research & clinical program focused on assessment, treatment, rehab, research & education of sports-related mild traumatic brain injury in athletes of all levels. Dr. Collins' expertise attracts elite & professional athletes from around the world. He has been a lead author & investigator on numerous groundbreaking studies of high-school & college athletes published in JAMA, Neurosurgery, American Journal of Sports Medicine and Pediatrics, among others. He has been lead or co-author on over 65 peer-reviewed research articles in medical journals and has delivered over 250 presentations at national & international scientific meetings. Dr. Collins is an instrumental source across the nation in developing concussion-management policy in youth sports, return-to-play laws & the Centers for Disease Control's concussion toolkit. He is co-founder of ImPACT (Immediate Post-Concussion Assessment & Cognitive Testing), the most widely used computerized sports-concussion evaluation system that is a standard of care in nearly all levels of organized sports. As a result, he is a educating & implementing leader in the proper usage of such baseline & post-injury neurocognitive testing as one tool to help determine an injury's severity & recovery for safe return to play. Dr. Collins trains thousands of physicians & certified athletic trainers in the diagnosis & management of sports-related concussion, and advises numerous athletic organizations & teams –several major-college programs (Florida, Florida State, Louisiana State and Michigan State to name a few), the NFL Steelers, the NHL Penguins, numerous MLB clubs, USA Rugby, and Cirque De Soleil. He also serves as a consultant & on editorial board of such publications as Brain Injury Professional, Journal of Athletic Training and the Journal of Sports Neurology (as Associate Editor). A graduate of the University of Southern Maine with Bachelor's Degree in Psychology & Biology, 1991, Dr. Collins earned a Masters Degree in Psychology, 1995 and Doctorate Degree in Clinical Psychology, 1998 at Michigan State University. Honors include: 2010 National Council on Brain Injury annual award for Outstanding Research & Advocacy, 2009; Kenneth L. Knight Award for outstanding research, 2007; National Academy of Neuropsychology Annual Butters Award for the best manuscript.

Tim Fleiszer

Tim is a former professional football player and 4 time Grey Cup Champion (Hamilton Tiger-Cats 1999, Montreal Alouettes 2002, Edmonton Eskimos 2005, Saskatchewan Roughriders 2007). Tim was a team Captain in Montreal, Ottawa & Edmonton. He is the 1st player in CFL history to win 4 Grey Cups with 4 different teams. Tim graduated Cum Laude from Harvard University, 1998. Now he is a partner at Gil Scott Sports Management & a representative at the Sport Legacy Institute, with a Mission to "advance the study, treatment & prevention of the effects of brain trauma in athletes & other at-risk groups".



REGISTRATION: Concussion Management Symposium – Saturday, April 27, 2013

DEADLINE: Friday, April 5, 2013

First & Last Name _____ Email: _____

Street: _____ City: _____

Prov: _____ Postal/Zip: _____ Primary Phone: _____

Regional Health Authority (if known): _____ Fax: _____

Profession: _____

COST: **\$175 plus GST = \$183.75 Early Registration (before April 5, 2013)**

\$225 plus GST = \$236.25 Late Registration

\$125 plus GST = \$131.25 Student Rate

Cheque payable to “Continuing Physical Therapy Education”

Mastercard Card # _____

VISA Expiry date: _____

Name on card: _____

Courses are subject to cancellation if minimum number of applicants is not received by the deadline above. In this case, a full refund will be provided. Refund for withdrawal from the course shall be subject to date of notification of withdrawal. If notification of withdrawal is received by CPTe prior to 1:00 pm on the deadline stated above, a processing fee of \$50.00 will be withheld on all refunds. If notification of withdrawal is received after that time, participant will not be refunded unless the position can be filled. The processing fee will still apply. Even if the course has been confirmed, CPTe is not responsible for travel/accommodation costs booked in advance, in the event of sudden unavoidable cancellation of the course (ie. instructor illness, Acts of God). If maximum number of applicants is received, names will be put on a waiting list in case of applicant withdrawal.

Hotel Rooms: A block of rooms has been reserved for Friday night at the Park Town Hotel, 924 Spadina Crescent East, Saskatoon. www.parktownhotel.com 1-306-244-5564. Conference rooms will be available at \$139.00 for Standard or \$149.00 for Double Queen Riverview, until March 26, 2013 under CPTe Concussion Conference Block 107636.

CONSENT AND WAIVER FORM: (MUST be signed and enclosed with registration form and fee.)

This course may contain lectures, discussion, and demonstrations where you could be asked to act as a participant. The instructor, assistant or fellow participant may or may not be licensed. If, at any time, you feel uncomfortable or wish to refuse to participate, you must do so by telling the instructor prior to, or during the session. Signing below indicates that you have given consent to full participation in the course, unless you express your refusal to the course instructor before or during participation in the course.

I accept all physical and legal risks in participating in this course. I hereby waive and release Continuing Physical Therapy Education, the University of Saskatchewan, the Saskatchewan Physiotherapy Association Inc., and the premises owner/occupier, as well as all employees, instructor(s) and assistant(s) from all of the above from any claims of loss, damage or injury which in any way results directly or indirectly from this course. I have read and understand the waiver of liability appearing above and I INDICATE MY ACCEPTANCE OF THE SAID WAIVER BY SIGNING BELOW.

(Participant's Signature)

(Date)

Return Completed Registration to: cpte.program@usask.ca OR FAX: 966-7673

**Mail: Continuing Physical Therapy Education, University of Saskatchewan
Box 60001 RPO University, Saskatoon, SK, S7N 4J8**

Phone: 306-966-2043