

Yoga Therapy for Pain Rehabilitation

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Presented by Continuing Physical Therapy Education

**October 23-25/15
JNS Studio
Saskatoon, Saskatchewan**



Description: This workshop provides in-depth integration of pain science, innovative pain self-management techniques, yoga philosophy and yoga practices. Participants will gain a solid foundation in pain science, and in yoga related to pain and pain management. Daily yoga practices and pain self-management skills acquisition will ready teachers and practitioners to begin integration of Pain Care Yoga into their clinical practices and yoga classes, leading to improved benefits and outcomes.

Learning objectives and registration via our website! www.usask.ca/cpte then go to CPTE Course Information. Early bird rate of \$650 + GST until Sept 25/2015. Limited to 25 spots!!